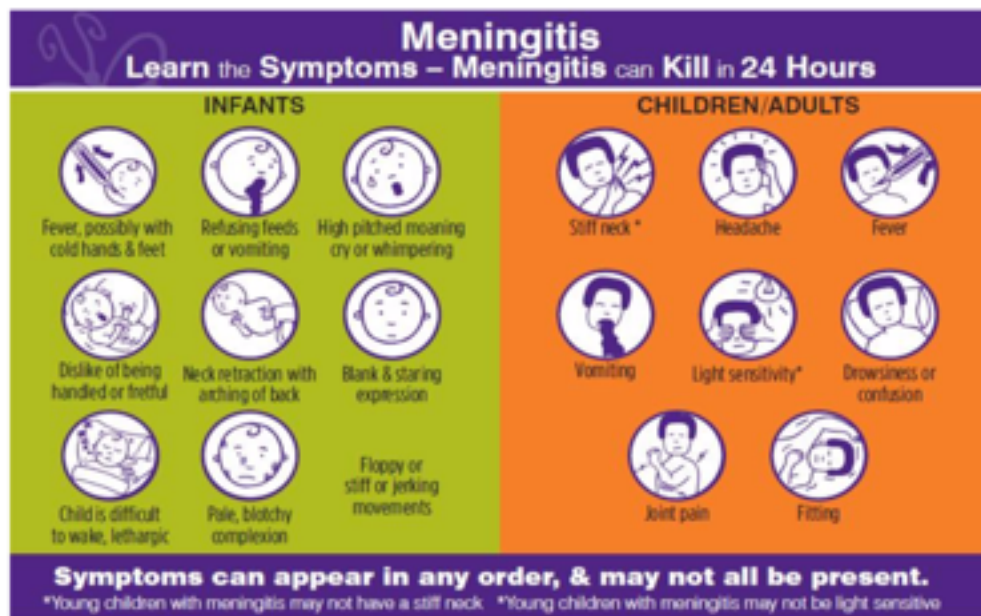


North Road Medical

Caring medicine to the whole family



MENINGOCOCCAL VACCINES

Meningococcal disease is caused by the bacteria *Neisseria meningitidis*. There are 13 known sub-types and of these, 5 are currently vaccine preventable (A, B, C, W and Y).

In 2016, the main serotypes causing disease in Australia are **B, W and Y** with variations noted by state. Importantly, they are all potentially vaccine preventable.

- Meningococcal bacteria are only passed from person to person by regular close, prolonged household or intimate contact with infected secretions from the back of the nose and throat.
- The bacteria can only survive a few seconds outside the body so they cannot be picked up from surfaces, swimming pools, buildings or animals.
- Teenagers have the highest carriage rates of **Meningococcal W**, peaking in 19 year olds, and so play an important role in transmission.
- Meningococcal disease is uncommon but serious.
- It is important to continue to seek help from your doctor or the hospital as often as necessary if you are concerned.
- Immunisation against meningococcal bacteria provides good protection against meningococcal disease.
- Meningococcal vaccines are available to protect against disease strains **A, B, C, W and Y**.

Doctors

Dr Noelene Jacka
Dr Daniel Mann Segal
Dr Lynette Hatherley
Dr Millie Leykin
Dr Simon Cooper
Dr Somnath Ghosal

Practice Nurses

Linda Gore
Nurit Tatarsky

Practice Manager

Rebecca Laver

Reception Staff

Melissa Sowerbutts
Jessica Nippard
Bethany Mannix

Allied Health:

Physiotherapy - Isaac Spivak
Psychology - Rochelle Umansky
Podiatrist - Julie Miller
Dietitian and Exercise Physiology - Lifestyle Breakthrough

Onsite Pathology:

Australian Clinical Labs

Surgery Opening Hours

Mon-Fri: 8am-6.30pm

Sat: 8am-12.30pm

Sun: Closed

Public Holidays: Closed

Online booking available at:
www.northroadmedical.com.au

[Meningococcal C](#) - Given through the National Immunisation Program at 12 months of age

[Meningococcal B](#) - Available to purchase privately through the GP. ***It is now back in stock.*** Children aged less than five years, particularly infants aged less than one year, and have the highest incidence of invasive meningococcal disease caused by meningococcal B serogroups. A lower, secondary peak in incidence is seen in late adolescence and early adulthood. People with a poor functioning spleen or who have had their spleen removed or who have a complement disorder should also have the meningococcal B vaccine.

[Meningococcal ACWY](#) - Currently free for those aged 15-19 years of age till 31 st Dec 2017.

School leavers are being encouraged to take advantage of the free vaccine before heading off to their end of year celebrations.

Vaccine is available to purchase privately through the GP.

PLEASE CONTACT US AT THE SURGERY TO DISCUSS FURTHER.

knowmeningococcal.com.au
immunisationcoalition.org.au
mvec.vic.edu.au
betterhealth.vic.gov.au